# Handbook for newcomers to Glasgow



#### What is this document?

This document contains a list of organisations and services that will be useful to anyone who has recently moved to Glasgow. These range from health services to community groups to legal aid.

Until now, lists of this kind have only been available for a fee, making them inaccessible to some. This means that many new migrants to Glasgow struggle to access vital services. For this reason, we at Migrant Voice saw it as important to create an accessible platform for people to share and find these services. We hope this project makes it easier for newcomers to settle into the Glasgow community.

This document was created by a group of Migrant Voice volunteers in Glasgow (listed below), many of whom have first-hand experience of moving to the city and trying to find their feet. Thank you to those volunteers and to Sofi Taylor, our Scotland trustee, who supported and mentored the volunteers on this activity.

The list is a work in progress and we will continue to add relevant information as we find it. Equally, if you know of organisations or services that aren't listed but should be, please write to us at <u>info@migrantvoice.org</u> to let us know.

# Who is Migrant Voice?

Migrant Voice is a migrant-led organisation working with migrants from all around the world with all kinds of status, including refugees and asylum seekers. We develop the media skills and confidence of migrants with the aim of strengthening their voices in the media and civil society in order to counter xenophobia and build support for our rights.

We bring migrants from all backgrounds together, discuss our concerns and issues affecting our lives and translate them into innovative campaigns or research projects in order to lobby for change.

We deliver training and mentoring on interview techniques, pitching stories to journalists, writing articles, photography, basic film-making skills, and other means of communication.

The volunteers who compiled this document were recruited as part of our Volunteering for Change project, funded by Impact Funding Partners.

#### Volunteers



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# List of organisations

#### Health and wellbeing

Name of organisation	National Health Service: Greater Glasgow and Clyde Health Board (NHS GG HB)
Contact	https://www.nhsggc.org.uk/get-in-touch-get-involved/
Website	https://www.nhsggc.org.uk/
Summary	NHS GGC Health Board provides strategic leadership and performance management for the entire local NHS system in the Greater Glasgow and Clyde area. NHS GGC is responsible for the provision and management of the whole range of health services in this area including hospitals and General Practices.         Facts and Figures:       •         •       Serves a population of 1.14 million         •       Employs around 39,000 staff         •       Contract with around 242 GP Surgeries (790 General Practitioners)         •       35 Hospitals of different types         •       Dental Services in more than 270 locations         •       Almost 180 Optician practices         •       Over 50 Health Centres and Clinics         •       More than 300 Pharmacies         •       Annual budget of £3.1billion
	<ul><li>Renfrewshire</li><li>West Dunbartonshire</li></ul>
	To find out more about your local community services please contact your local Health and Social Care Partnership.

Name of organisation	Glasgow City Health and Social Care Partnership (GCHSCP)
Contact	
Website	https://glasgowcity.hscp.scot/

Summary	Glasgow City Health and Social Care Partnership provides a range of
	community health and social care services for children, adults and older
	people within Glasgow City, along with services for homelessness and
	criminal justice. Some services cover the entire NHS Greater Glasgow
	and Clyde Board area.
	You can find more information on how to (during and outwith normal
	office hours):
	Get a community health service or
	Get a social care service
	Other useful sources of help or information are available:
	Health and Wellbeing Directory is a gateway to information about a
	wide range of health improvement and wellbeing services provided by
	NHS Greater Glasgow and Clyde, the Glasgow City Health and Social Care
	Partnership and partner organisations.
	NHS inform is Scotland's health information service that provides people
	in Scotland with accurate and relevant information to help them make
	informed decisions about their own health and the health of the people
	they care for.
	Your Support Your Way Glasgow is the Glasgow City Health and Social
	Care Partnership's website that provides patients, service users, carers,
	health and social care professionals and the public with information,
	advice and guidance about local services and sources of help (mainly
	social care) that can support people to maintain their lifestyle and
	independence in the community.

Name of organisation	National Health Services Greater Glasgow and Clyde Health Board:
_	Services for asylum seekers
Contact	Address:
	Clyde House
	209 Govan Road
	Glasgow, G51 1HJ
Website	https://www.nhsggc.org.uk/your-health/health-services/homeless-
	health-and-resource-services/homelessness-health-services/asylum-
	health-bridging-team-ahbt/
Summary	Asylum Health Bridging Team (AHBT): The team offer an initial health
	assessment for all newly arrived asylum seekers.
	The team aim to identify immediate health needs and facilitate medical
	attention if required.
	The workers support access to GP and mainstream health services once
	dispersed from the initial accommodation to housing across the city.

A 'drop in' advice and support nurse clinic operates on a daily basis at
2pm at the AHBT.

Name of organisation	Waverley Care Glasgow
Contact	0141 332 2520
Website	https://www.waverleycare.org/
Summary	Waverley Care have three support teams based across NHS Greater Glasgow and Clyde - their HIV Street Support Team, Hepatitis C Support Team and African Health Project Team. All of our services are available on self-referral.

Name of organisation	Glasgow Association for mental health (GAMH)
Contact	Reference to this services is via GPs
Website	https://www.gamh.org.uk/
Summary	GAMH is a charity registered in Scotland. They promote the mental health and wellbeing of people and their communities; providing more than 2000 hours of community based support every week to people in Glasgow.
	Their current services are preventative and purposeful in nature and increase the factors known to protect and promote good mental health.
	The services and opportunities they offer help people who are recovering from mental health problems to live the lives that THEY want to live. They also support Carers of people in recovery, including Young Carers.
	For more information about recovery see <u>www.scottishrecovery.net</u>
	They recognise that the effects of inequality, stigma and discrimination make recovery more difficult than it should be and undermine a person's sense of wellbeing. As an organisation they work to ensure that both as a service provider and as an employer, we avoid discrimination and promote fairness and inclusion for everyone.

Name of organisation	Scottish Association for Mental Health (SAMH)
Contact	Address: Brunswick House, 51 Wilson Street, Glasgow, G1 1UZ
Website	https://www.samh.org.uk
Summary	SAMH is a charity registered in Scotland.

Key se	rvices include:
•	Addictions
•	Active Living
•	Care Homes
•	Community Engagement
•	Employability
•	Employment
•	Homelessness
•	Housing Support
•	Mental Health Outreach
•	Nationwide
•	Peer Support
•	Suicide Prevention
•	Supported Accommodation
•	Therapeutic Horticulture

Name of organisation	National Health Services Greater Glasgow and Clyde Health Board-
	Addiction services (Glasgow Drug Crisis Centre)
Contact	Address:
	Glasgow Drug Crisis Centre - 123 West Street Glasgow
	Link Up - 112 Commerce Street Tradeston Glasgow G5 9NT
	If you are not already known to a Community Addiction Team but need <b>urgent help</b> contact any of:
	• Emergency Social Work Service - 0800 811 505
	• NHS 24 - 111
	<ul> <li>Drug Crisis Centre - 0141 420 6969</li> <li>Dial University 20141 420 4020</li> </ul>
	<ul> <li>Link Up - 0141 420 1929</li> </ul>
Website	https://www.nhsggc.org.uk/patients-and-visitors/know-who-to-turn- to/addiction-services/
Summary	The Centre is for people with drug misuse problems. It's provided by
	Turning Point Scotland. Within the centre there is a 24 hour support and advice, needle exchange and support service. No referral is necessary. Residential beds are available for people assessed as not managing in the community.
	Link Up is a service run by the Turning Point Scotland. It's for rough sleepers or homeless people in Glasgow who are in crisis because of alcohol use or mental health problems. Link Up provides a 24 hour support and advice service. There is a residential unit for those in immediate crisis who need social and health care support. No referral is necessary.

Name of organisation	National Health Services Greater Glasgow and Clyde Health Board: Homelessness Services (Hunter Street Homeless Services)
Contact	
Website	https://www.nhsggc.org.uk/your-health/health-services/homeless- health-and-resource-services/
Summary	<ul> <li>Hunter Street Homeless Services operates a one stop shop to meet the health and addiction needs of service users who are homeless and are the most vulnerable such as rough sleepers, those living in emergency accommodation and temporary accommodation for up to 3 months.</li> <li>Hunter Street operates a direct access and assertive outreach approach across Glasgow city with aim to link service users to mainstream local services.</li> </ul>
	<ul> <li>The following services are available:</li> <li>Homeless GP service - Open access Mon - Fri 2pm - 4pm for up to 12 clients</li> <li>Homeless Addiction Team (HAT) - Open access 1:30pm - 4pm</li> <li>Homeless Health Nursing Team - Open access 9:30am - 12:30pm and 1:30pm - 4pm</li> <li>Homeless Mental Health Team</li> <li>Homeless Families Health Care Team</li> </ul>

Name of organisation	National Health Services Greater Glasgow and Clyde Health Board:
	Sexual Health services (Sandyford services)
Contact	
Website	https://www.nhsggc.org.uk/your-health/health-services/sexual-
	reproductive-health/sandyford-services/
Summary	It can provide you with the information and help you need when it
	comes to sexual health and reproductive health.
	Sandyford services provide a full range of sexual, reproductive and
	emotional health services, including
	<ul> <li>Testing and treatment for all Sexually Transmitted Infections and HIV</li> </ul>
	<ul> <li>Contraception including same-day Implanon and coil fitting</li> <li>Gynaecology</li> </ul>
	Counselling, including alcohol counselling for young people
	<ul> <li>Specialist clinics for men who have sex with men, gender dysphoria and young people</li> </ul>
	<ul> <li>Specialised clinics for young people under 18 years called "The</li> </ul>
	Place", although young people are also welcome at other clinics
	These services are available at the main Sandyford Central building and
	from our nine community Hubs, local Sandyford clinics, within NHS
	Greater Glasgow and Clyde. All sites share the same record system and

you can make use of the service wherever you feel comfortable. All
services are free, including your prescription if needed.

Name of organisation	Food Banks
Contact	
Website	https://www.trusselltrust.org/get-help/find-a- foodbank/?gclid=EAIaIQobChMIqMrNws- C5QIVTsreCh0sJgzqEAAYAiAAEgJmTPD_BwE
Summary	There are over 1,200 food bank centres in the Trussell Trust organisation. The services provided by food banks may vary from area to area as they react to the needs of their community to provide help and support to local people in crisis.
	<b>Food donations</b> Non-perishable in-date food is donated by the public at a range of places, such as schools, churches and business, as well as supermarket collection points. It is then sorted into emergency food parcels by more than 40,000 volunteers, to be given to people in need.
	<b>Food vouchers</b> Care professionals such as health visitors, schools and social workers identify people in crisis and issue them with a food bank voucher. This means people can receive a food bank parcel of three days' nutritionally balanced, non-perishable food from their local food bank.
	You can ask your social workers, health workers, health visitors and voluntary sectors organisations workers where is your nearest food bank.

Name of organisation	National Health Services Greater Glasgow and Clyde Health Board: Health Visitors
Contact	
Website	https://www.nhsggc.org.uk/about-us/professional-support-sites/health- visiting-pathway/
Summary	Health Visitors are healthcare workers caring for newborn babies and
	their mothers. For more information, please go to the above website.

Name of organisation	Mind waves
Contact	
Website	http://www.mindwavesnews.com/
Summary	

Mind Waves is a peer-led project to read and share positive news about mental wellbeing. Our network of volunteer Community Correspondents seeks out stories so we can keep you informed about things that support good mental health in Glasgow and Clyde.
They run workshops to give people the skills to use digital media to talk about mental health and wellbeing.
Our workshops have included topics like: <ul> <li>Blogging</li> <li>Social media and mental wellbeing</li> <li>Video and audio for the web</li> <li>Creating graphic</li> <li>Mindfulness and photography</li> <li>Writing film reviews</li> </ul>

Name of organisation	Lifelink
Contact	info@lifelink.org.uk
	T: 0141 552 34434
Website	www.lifelink.org.uk
Summary	Mental Health Support: Adults/Young People
	One to one counselling
	Resilience Building
	Emotional Literacy
	Online/Telephone Referral

#### Housing

Name of organisation	Housing Associations
Contact	
Website	https://scotland.shelter.org.uk/get_advice_dvice_topics/finding_a_plac e_to_live/housing_associations?gclid=EAIaIQobChMI3sDgpsuC5QIVRrTtC h3HbQuHEAAYASAAEgL3I_D_BwE
Summary	Housing associations are not-for-profit organisations that rent houses and flats in city centres, housing estates and the country. They aim to provide good, low cost accommodation for people who really need it. Housing associations are run by committees of volunteers elected by the tenants. The committee employs professional staff to manage the properties.

There are lots of different kinds of housing association offering different kinds of accommodation to different kinds of people.
Housing association rents are generally cheaper than rents with a private landlord, although can be a little higher than council rents. Rent is usually paid weekly in advance, and the good news is, you're unlikely to be asked to pay a deposit upfront.
Anyone over the age of 16 can apply for a home through a housing association. Before you apply to a housing association, check that it offers the kind of accommodation you need. You will need to fill in an application form, which you can get either through the council or directly from the housing association. Your name will then be added to the housing waiting list.
<ul> <li>Waiting lists can be very long, but you will stand a better chance of getting a place soon if:</li> <li>You are homeless</li> <li>Your current home is too small or unfit to live in</li> <li>You have a serious medical condition</li> <li>You need to be near your family</li> </ul>

Name of organisation	Positive Housing
Contact	
Website	https://www.paih.org/
Summary	Positive Housing assist those seeking sanctuary from war and persecution to overcome crisis situations, for example, the removal of basic human rights such as refuge, shelter, the right to work or hold a bank account. They support migrants to know their rights, secure paid work and stabilise their lives and assist established ethnic minority communities to overcome bad housing. They offer welfare advice and money skills and provide volunteering and training. They offer advice, crisis grants, and free shelter to those at risk of destitution through Room for Refugees, a refugee hosting programme.
Name of organisation	Shelter Scotland
Contact	
Website	https://scotland.shelter.org.uk/
Summary	Give housing advice to homeless people

Name of organisation	Castlemilk Community Church
Contact	Address: 150 Ardencraig Road G45 0 Glasgow, United Kingdom Phone: 0141 630 1938
Website	https://www.facebook.com/pages/Castlemilk-Community- Church/595297400561745
Summary	Help with furniture for homeless and migrant individuals

Name of organisation	Glasgow Night Shelter
Contact	Email: glasgownightshelter@gmail.com
	Phone number: 07535971215
	Address: Missing
Website	https://glasgownightshelter.org/ (website under construction)
Summary	Glasgow Night Shelter provides emergency accommodation for male
	destitute asylum seekers. Access for the shelter is to men who are street
	homeless, lack the support network of friends and family, and because of
	their immigration status cannot access other homelessness services. The
	shelter is a registered charity (SC047169) and is located close to the city
	centre in Tradeston.
	Resources and services provided:
	• Safe and warm temporary overnight accommodation, for 365
	nights a year. Open from 8pm to 8am.
	Warm evening meal.
	• Experienced support staff, and pool of volunteers that stay
	overnight, can direct guests to health and legal services.

Name of organisation	Asylum Housing Project
Contact	Ashley Street, Glasgow, G3 6DS
	<u>contact@ashproject.org.uk</u>
Website	www.ashproject.org.uk
Summary	Advice
	Information
	Advocacy for Asylum Seekers & Refugees
	Appointment and drop in

#### Education

Name of organisation	Glasgow City Council: Education
Contact	
Website	https://www.glasgow.gov.uk/education
Summary	For information on schools in your local areas, please go to the above website.

Name of organisation	Glasgow Life: Public Libraries
Contact	
Website	https://www.bing.com/search?q=glasgow+life%3A+public+libraries&for m=EDGEAR&qs=PF&cvid=59182ec871e94e6d89d32dffdfe871e6&cc=GB &setlang=en-GB&plvar=0&PC=DCTS
Summary	When becoming a Glasgow Library member you have access to computers and free data, books, audiobooks, magazines and more. If you wish to become a member, you will need to produce identification and proof of address.

Name of organisation	Glasgow: ESOL
Contact	
Website	Information about ESOL Courses   Learn English in Glasgow
Summary	For information about ESOL Courses in Glasgow, , please go to the above website.

Name of organisation	The Bridges Programme
Contact	
Website	http://www.bridgesprogrammes.org.uk/about
Summary	The Bridges Programmes supports the social, educational and economic integration of refugees, asylum seekers, migrants, and anyone for whom English is a second language, living in Glasgow.

Bridges works with employers and partners to ensure that our clients have the possible support to help them into work (if eligible), education or further training.
Through a variety of programmes and resources they can help clients build their confidence by re-engaging them with their skills, provide training, support, advice and work placements.

Name of organisation	Glasgow Women Library
Contact	
Website	
	https://www.visitscotland.com/info/see-do/glasgow-womens-library-
	<u>p916481</u>
Summary	Glasgow Women's Library is no ordinary library. The only resource of its
	kind in Scotland and offer a rich programme of learning and events.
	As well as a lending library, they hold a wonderful treasure trove of historical and contemporary artifacts and archive materials that celebrate the lives, histories and achievements of women. From Suffragette memorabilia and 1930s dress making patterns to rare 1970s Scottish Women's Liberation newsletters, it's all here! They have a vibrant and diverse programme of events and activities available all year round.

Name of organisation	Al Falaah Academy
Contact	Location: Al Falaah Academy, 311 Calder Street, Glasgow G42 7NQ
	Contact: 0141 258 2957
	Email: info@alfalaahacademy.co.uk
Website	
Summary	Al Falaah Academy is an institute of Islamic learning, offering part time
	and short courses on various Islamic topics.

Name of organisation	AMIS - African Media in SCOTLAND
Contact	Contact: 0750 070 9195
	Email: Rgomapress@btinternet.com
Website	

Summary	Coaching and mentoring Africans willing to publish dictionaries in English
	and African languages (such as Lingala) as well as other kinds of books.

#### Banking

Name of organisation	Banks
Contact	
Website	https://www.citizensadvice.org.uk/debt-and-money/banking/getting-a- bank-account/
Summary	For information on banks (current accounts and saving accounts), please go to the above website.

## Transport

Name of organisation	SPT: Glasgow Subway; bus and ticket information
Contact	
Website	http://www.spt.co.uk/
Summary	Information on buses and underground( subway)

## Legal

Name of organisation	List of Law solicitors dealing with immigration in Glasgow
Contact	
Website	https://www.izito.co.uk/?q=immigration+solicitors+in+glasgow&sess=9d e3158680dd40a78f4e7e6033c365ad&dzn=&asid=iz_uk_2_010_002&wh ere=web_izito_uk&awc=iziawuk&abt=&template=&pp=10&bkw=n&de=c ∾=1835&nwc=&rkb=b&rkln=

Summary	This is important information:
	The changes to the Immigration and Asylum Accreditation. These will take effect from 1 September 2018. These are significant changes that will effect terminology, the time that members can remain at each stage of accreditation and the work they can perform at each stage.
	The accreditation is designed for practitioners with differing levels of experience of immigration and asylum practice: solicitors or FILEX who hold a practising certificate, normally free of conditions barristers in independent practice non-solicitors employed in a practice or an organisation that is regulated by the OISC or SRA
	And who are able to demonstrate awareness and knowledge of asylum law at several levels:
	<ul> <li>Assistant caseworker</li> <li>Caseworker</li> <li>Senior caseworker</li> <li>Senior caseworker (supervisor) See list of Immigration and Asylum</li> </ul>
	Ask if your case qualified for legal aids: and if you need to pay for your consultation.

Name of organisation	Gorbals Law & Money Advice Centre
Contact	
Website	https://www.castlemilklawcentre.co.uk/gorbalslaw.php
Summary	The Gorbals Law & Money Advice Centre has been operational since May 2007. At present we are funded to provide free advice and representation on a range of matters including welfare benefits, income maximisation and debt issues, housing and homelessness prevention and criminal injuries compensation for women and children who have been victims of domestic or sexual abuse.

Name of organisation	Just Right Scotland
Contact	
Website	www.justrightscotland.org.uk

Summary	Legal advice & Advocacy: Scottish Refugee & Migrant Centre
	Destitution & Equalities
	Women's Rights
	Children's Rights
	Family Reunion
	• E U Citizens

Name of organisation	Legal Services Agency
Contact	lsa@btconnect.com
Website	www.lsa.org.uk
Summary	Legal Advice
	Housing/Homelessness
	Drop in service
	Women's support
	<ul> <li>Young person's support</li> </ul>

Name of organisation	Ethnic Minorities Law Centre
Contact	St Vincent Place Glasgow, G1 2EP
	T: 0141 204 2888
Website	emlc.org.uk
Summary	Legal Advice & Advocacy for ethnic minorities

#### Women's services

Name of organisation	Hemat Gryffe
Contact	
Website	http://www.hematgryffe.org.uk/outreach-support.html
Summary	Outreach support services are available to women who are experiencing domestic abuse or living within difficult domestic environments. This service is available to women from the wider community who are
	not accessing refuge service. A dedicated support worker will provide

assistance with safety planning for you and your children within or outwith Glasgow.
The women's support service is based on the individual needs of the woman. Arrangements can be made to meet women at a safe location if at the drop in centre is not possible.
Bilingual support is available.
Culturally sensitive specialised support and information is available.
Practical and emotional support.
Advocacy services.

Name of organisation	Trafficking Awareness Raising Alliance (TARA)
Contact	
Website	https://www.communitysafetyglasgow.org/what-we-do/supporting- victims-of-gender-based-violence/%EF%BF%BC%EF%BF%BCtara/
Summary	TARA, a support service for trafficking survivors, to help identify and support women who may have been trafficked for the purpose of commercial sexual exploitation.
	It is our belief that trafficking is fuelled by the demand from the commercial sex industry and that commercial sexual exploitation is a form of violence against women that is harmful to women, families and communities.
	The service works in partnership with others to provide comprehensive, individual assessments of need, including risk.
	<ul> <li>Support can include:</li> <li>Crisis accommodation, dependent on individual need, for up to 90 days</li> <li>Care planning</li> <li>Onward referral and support to access legal advice</li> <li>Referral into the UK National Referral Mechanism</li> <li>Advocacy with partner agencies</li> <li>Support to speak to Police Scotland</li> </ul>

Name of organisation	Women's Aid
Contact	
Website	https://www.womensaid.org.uk/
Summary	It provides dedicated support to women who face barriers in accessing a
	refuge space. A team of specialist domestic abuse practitioners receive
	referrals from Women's Aid member services, and we conduct detailed
	monitoring and analysis of survivors' experiences alongside this.

Name of organisation	MILK Cafe
Contact	Email: hellomilkcafe@gmail.com
	Phone number: 07473070606
	Address: 452 Victoria Road
	Glasgow
	G428YU
Website	www.milkcafeglasgow.com
Summary	Milk, a small cafe that supports migrant and refugee women in
	Glasgow's Southside. The social enterprise provides a friendly welcoming environment through their cafe, where they offer opportunities to gain;
	skills, experience, and confidence. Milk promotes community inclusion
	and is a very welcoming space to those new to Glasgow (especially those
	living in the Southside).
	Opportunities and activities include:
	English language support
	Work Experience
	Form filling and interview skills
	Recreational community activities

Name of organisation	ANYISO
Contact	Location: 11 Keal Place, Glasgow, G15 6UZ
	Contact: 0141 374 2573
	Email: info@anyiso.co.uk
Website	http://www.anyiso.org.uk/
Summary	ANYiSO works to ensure that African and ethnic minority women, their
	children and young people from all backgrounds are given the support
	and services needed to enable them live better and safer lives free from
	discrimination and domestic abuse.

Name of organisation	Kenyan Women in Scotland Association (KWISA)
Contact	Location: KWISA, 4th Floor Hayweight House, 23 Lauriston Street,
	Edinburgh, EH3 9DQ
	Contact: 0131 281 7347
	Email: admin@kwisa.org.uk
Website	https://www.kwisa.org.uk/
Summary	KWISA's primary aim is the advancement of African Women and their
	families in Scotland, to be achieved by giving African women and their
	families the space and the opportunity to work together to develop their
	potential and address social, cultural, economic and political systems
	that create structural and institutional barriers that contribute to
	significant inequalities and disadvantage to them and their families in
	Scotland and internationally.

Name of organisation	Amma Birth Companions
Contact	info@ammabirthcompanions.org
	T: 07861680622 / 07821281589
Website	www.ammabirthcompanions.com
Summary	Supporting new & single asylum seeking mothers

#### Leisure

Name of organisation	Afghan United (football club)
Contact	
Website	https://www.facebook.com/GlasgowAfghanUnited/
Summary	Football club

Name of organisation	Active Life Club
Contact	info@activelifeclub.org

	Location: Active Life Club, Govanhill Workspace, 69 Dixon Road, Glasgow, G42 8AT
Website	http://www.activelifeclub.org/
Summary	Active Life Club provides a range of activities, including sports/arts, women's health and fitness, outdoor programmes, community events, volunteering, and young leader development.

Name of organisation	Mental Health Foundation
Contact	
Website	https://www.mentalhealth.org.uk/Scotland
Summary	They focus on social justice and inequality in mental health, raising
	awareness of mental health with the public and working in partnership
	with community organisations, policy makers and researchers.

#### Arts

Name of organisation	Glasgow Connected Arts Network
Contact	
Website	https://glasgowcan.org/
Summary	Glasgow CAN CiC is invested in encouraging and maintaining public
	engagement, awareness and understanding of Participatory Arts in
	Glasgow. We facilitate skills and resource sharing, and the exchange of
	ideas, offering our Members and the wider community access to
	invaluable training, partnership and networking opportunities.

Name of organisation	Africa in Motion Film Festival
Contact	
Website	https://www.africa-in-motion.org.uk/
Summary	Annual film festival in Glasgow show case African film makers.

#### Support and advocacy

Name of organisation	Scottish Refugee Council (SRC)
Contact	
Website	http://www.scottishrefugeecouncil.org.uk/
Summary	SRC helps people with all aspects of building a new life in Scotland with housing, education, health, learning English and building social connections. Their service is for people who have recently received refugee status, humanitarian protection or discretionary leave to remain.
	The service provides advice and advocacy to help people through this crucial time, including practical support to resolve immediate housing and money issues.
	Their advisers work one-to-one with individuals and families to identify people's unique needs and hopes and to help people develop a personal plan for the future.

Name of organisation	Central and West Integration Network
Contact	
Website	https://www.cwin.org.uk/
Summary	Central and West Integration Network is a Scottish Charity which works with individuals and groups to support asylum seekers and refugees, migrant workers and black and minority ethnic people, and works with all communities to promote integration, in the City Centre and West End of Glasgow, across the city of Glasgow and beyond.

Name of organisation	Cranhill Development Trust
Contact	
Website	http://www.cranhilldt.org.uk/about-us/

Summary	Their activity is to provide person-centred, responsive support services which are inclusive and are not age or gender specific. They focus on community development and regeneration approach that builds and increases capacity within the community by providing support which encourages and nurtures empowerment. In the same way, they promote resilience through active participation in the planning, design, development, delivery and evaluation of services.
	By providing a range of community based support activities and services, their aim is to increase self-esteem and opportunity in an area of multiple deprivation. These services include working with families and individuals, providing information and advice (e.g. Scottish Refugee Council advice outreach for asylum seekers and refugees), health services (e.g. access to smoking cessation), education services (e.g. ESOL classes), leisure opportunities, and a community cafe and nearly new shop. We do this as much as possible in partnership with other agencies and with the quality assistance of experienced volunteers.

Name of organisation	Glasgow Asylum Destitution Action Network (GLADAN)
Contact	
Website	https://destitutionaction.wordpress.com/
Summary	Glasgow Asylum Destitution Action Network brings together charities, church and community groups and individuals who are actively concerned for people who have been made destitute and in many cases homeless following the refusal of their application for asylum, and other vulnerable migrants with no recourse to public funds. The purpose of the network is to improve, broaden and communicate the help available to those in this situation. Members of the network are also involved in raising public awareness and support and in campaigning for positive change in government policy.

Name of organisation	Glasgow Refugee Asylum and Migration Network (GRAMNet)
Contact	
Website	https://gramnet.wordpress.com/
Summary	GRAMNET bring together researchers, practitioners and policy makers working with migrants, refugees and asylum seekers in Scotland

Name of organisation	Guardianship Service
Contact	Portland House,17 Renfield Street, Glasgow,G2 5AH
Website	
Summary	<ul> <li>Supporting unaccompanied Child * Young, (trafficked), unaccompanied Asylum Seekers/Refugees</li> <li>Mentoring</li> <li>Psycho Social Support</li> </ul>

Name of organisation	Karibu Scotland
Contact	Karibu Scotland Pearce Institute 840-860 Govan Road Glasgow G51 3UU Tel: 0141 258 25 35
Website	https://sites.google.com/a/karibuscotland.org.uk/home/
Summary	Karibu (meaning 'welcome' in Swahili) was set-up in 2004 to provide support to refugees and asylum seeker women arriving in Glasgow. It is a community and volunteer led organisation. Karibu is a registered charity and a company limited by guarantee.

Name of organisation	Scottish Detainee Visitors
Contact	6 <sup>th</sup> Floor Portland House, Renfield Street, Glasgow G2 5AH
	sdvcoordinator@sdv.org.uk
Website	sdv.org.uk
Summary	Supporting detained asylum seekers

Name of organisation	Maryhill Integration Network (MIN) SCIO
Contact	
Website	http://www.maryhillintegration.org.uk/

Summary	
	MIN brings refugee, migrant and local communities together through, art, social, cultural and educational groups and projects, offering people a chance to learn new skills, meet new people, share experiences and take part in worthwhile activities to improve their lives and the life of
	their communities.

Name of organisation	North Glasgow Integration Network (NGIN)
Contact	
Website	https://www.facebook.com/pg/NorthGlasgowIntegrationNetwork/about /?ref=page_internal
Summary	North Glasgow Integration Network (NGIN) is a network of organisations in the North East of Glasgow who support asylum seekers and refugees feel welcome in their new community.

Name of organisation	The Unity Centre
Contact	
Website	https://unitycentreglasgow.org/
Summary	The Unity Centre gives practical support and solidarity to all asylum seekers and other migrants in Scotland. We also support anyone detained in any UK Detention Centres. The Centre is run by the Unity Centre Collective. We are No Borders.

Name of organisation	Migrants Organising for Rights & Empowerment (MORE)
Contact	more.glasgow@gmail.com
Website	https://www.facebook.com/pg/MORE-Migrants-Organising-for-Rights- Empowerment-606036873186603/photos/?ref=page_internal
Summary	A group of migrants and members of the community campaigning for the right to work, study, good housing and to be treated with dignity.

Name of organisation	Refugee Survival Trust (RST)
Contact	
Website	https://www.rst.org.uk/research-policy/get- involved?gclid=EAIaIQobChMI07y- uK_n5QIVRtTeCh2jAQh2EAAYASAAEgKoyPD_BwE
Summary	RST is a small organisation and can only exist with the continued support and expertise given by individuals, community groups and foundations. They are able to help hundreds of vulnerable and destitute people each year.

Name of organisation	Radiant and Brighter
Contact	Address: 72 Charlotte Street, G1 5DW Telephone: +44 (0) 141 3141487 Email: info@radiantandbrighter.com
Website	https://radiantandbrighter.com/
Summary	The Radiant and Brighter approach aims to bridge the gap between the needs of the growing BME refugee and migrant communities and existing support provision in Scotland. We partner with a range of expert organisations and a voluntary team of highly experienced individuals from recognised businesses and minority ethnic communities. Our partners include; Taylor Wimpey, Marks & Spencer, Centrestage, and Street Soccer. We also have links with Women's Enterprise Scotland, GrowBiz and Latta and Co Solicitors.

Name of organisation	Scottish Iraqi Association (formerly the Scottish Iraqi Society)
Contact	
Website	http://scottishiraqiassociation.org.uk/
Summary	Scottish Iranqi Association is a non-profit organisation that exists to enable Iraqis to settle and integrate into this country, with rights to express their cultural identities. Their work is aimed at Iraqis, by providing volunteerism, advice, public health support, counselling, training, employment guidance, information services, and organising cultural events.

Name of organisation	African and Caribbean Women's Association
Contact	
Website	http://acwascotland.co.uk/
Summary	They are the African and Caribbean Women's Association, a charity operating to support women and children from African and Caribbean backgrounds living in Scotland.
	They run activities, events and raise awareness at a community level on health and social issues that have a direct impact on these groups.

Name of organisation	Somali Association in Glasgow
Contact	Contact: 07935862920
Website	https://glasgowlife.sportsuite.co.uk/directory/somali-association-in- glasgow
Summary	They provide sports and activities targeted for the Somali community and is open for the whole community to get involved.

Name of organisation	AlbScott - Albanian Scottish Association
Contact	
Website	https://www.facebook.com/AlbscottAlbanianScottishAssociation
Summary	AlbScott assists the integration process of Albanians living in Scotland by supporting their welfare, promoting and sharing their culture and fulfilling their aspirations by creating initiatives which promote educational opportunities.

Name of organisation	Govan Community Project
Contact	Email: Staff members emails can be found via their website
	http://www.govancommunityproject.org.uk/contact.html
	Phone number: 01414453718
	Address: Govan Community Project
	The Pearce Institute
	840 Govan Road

	Glasgow
	G51 3UU
Website	http://www.govancommunityproject.org.uk/
Summary	Govan Community Project is a community based charity that works with
	and offer a variety of support services to the community in Govan. These
	support services work with all members of the community but many are
	focused towards migrants and asylum seekers in the area of Govan.
	Such resources include:
	Advice and Advocacy
	English classes
	Homework club
	<ul> <li>Women's and Men's groups</li> </ul>
	Interpreting Service
	Food Distribution

Name of organisation	Coalition for Racial Equality and Rights (CRER)
Contact	
Website	https://www.crer.scot/
Summary	CRER is a Scottish strategic racial equality charity, based in Glasgow,
	focusing on working to eliminate racial discrimination and harassment
	and promote racial justice across Scotland. They have been effective in
	responding to a broad range of interests needed to make an impact upon
	deep rooted issues and respond to the needs of communities.

Name of organisation	Freedom From Torture
Contact	
Website	https://www.freedomfromtorture.org/about/15/5255
Summary	They provide specialist psychological therapy to help asylum seekers and refugees who have survived torture recover and rebuild their lives in the UK. And they provide training for professionals working with torture survivors.

Name of organisation	Migrant Help
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Contact	
Website	https://www.migranthelpuk.org/where-we-work
Summary	They offer clients (vulnerable migrants) the advice and support they need to feel safe and lead successful lives in the UK and assist victims of human trafficking and modern slavery on their path to recovery and work with other agencies to combat this abhorrent crime.
	They promote the values of equality, diversity, inclusiveness and empathy, enabling migrants to become parts of their local communities and inform governments and policy makers to ensure fair and consistent processes are in place to assist those seeking refuge in the UK.

Name of organisation	Home Start North
Contact	
Website	https://homestartglasgownorth.org.uk/
Summary	Support for families with children in north side of Glasgow and North
	Lanarkshire.

Name of organisation	Home Start South
Contact	
Website	https://www.homestartglasgowsouth.org.uk/
Summary	Support for families with children in south side of Glasgow

Name of organisation	I-Khair Foundation (AKF)
Contact	Location: Al-Khair Foundation 441a Victoria Road Glasgow G42 8RW
	Contact:0141 423 5747
	Email: glasgow@alkhair.org
Website	https://www.alkhair.org/
Summary	I-Khair Foundation (AKF) is a UK-based Muslim charity that provides a
	wide range of services, including a soup kitchen, foodbank, refugee /
	asylum seeker help, and humanitarian aid abroad.

Name of organisation	Community InfoSource
Contact	Location: The Albany Centre, 44 Ashley Street, Glasgow, G3 6DS
	Contact: 0141 258 2773
	Email: info@infosource.org.uk
Website	
Summary	Community InfoSource undertakes community development with
	refugee, migrant and minority ethnic communities to support developing
	groups to put their ideas into action.

Name of organisation	Dixon Community
Contact	Location:656 Cathcart Road, Govanhill, Glasgow G42 8AA
	Contact: 0141 423 0728
	Email: Dixon.carers@dixoncommunity.org.uk
Website	https://www.facebook.com/DixonCommunity/
Summary	The Dixon Community provides multicultural care and support to older
	people and carers in the Southside of Glasgow, responding to the
	changing needs within the community, in partnership with Glasgow City
	Council.

Name of organisation	Ghanaian Methodist Fellowship Glasgow
Contact	Location:Woodlands Methodist Church, 229 Woodlands Road, Glasgow,
	G3 6LW
	Contact: 0141 959 7951
	Email: i.oboh@yahoo.co.uk
Website	
Summary	A Methodist fellowship in Strathclyde Circuit bringing ethnic minorities
	together to worship, with a focus on the Ghanaian community.

Name of organisation	Sri Lankan Association in Scotland
Contact	Contact: 0780 709 5991
	Email: info@slascot.org.uk
Website	https://www.slascot.org.uk/en/
Summary	Sri Lankan Association in Scotland supports and hosts community events
	that matters to the Sri Lankan community in Scotland as well as
	promoting community integration within Greater Glasgow and Scotland.

Name of organisation	Scottish Council of Jewish Communities (SCoJeC)
Contact	Scottish Council of Jewish Communities (SCoJeC), Jewish Community
	Centre, 222 Fenwick Road, Glasgow, G46 6UE
	Contact: 0141 638 6411
	Email: scojec@scojec.org
Website	https://www.scojec.org/
Summary	Representing the Jewish Community to civic society, public bodies, etc;
	community development including social and cultural activities;
	providing information about Judaism and the Jewish Community,
	including educational activities.

Name of organisation	Hidden Gardens
Contact	Location: 25a Albert Drive, Glasgow, G41 2PE
	Contact: 0141 433 2722
	Email: info@thehiddengardens.org.uk
Website	https://thehiddengardens.org.uk/
Summary	The Hidden Gardens exists to promote understanding between people of
	all cultures, faiths and backgrounds, celebrating the universal spirit of
	nature, with subtle references to the paradise gardens that have evolved
	over the last three thousand years. Activities include; Gardening
	Volunteering, Men's Group, Tai Chi on the Lawn and Women's Cultural
	Cookery Group.

Name of organisation	South East Integration Network
Contact	info@seinglasgow.org.uk
	T: 0141 423 8856
Website	www.seinglasgow.org.uk
Summary	Networks of groups providing services and activities; community
	integration hub

#### General

Name of organisation	Glasgow City Council (GCC)
Contact	Address: 82 George Square, Glasgow G2 1DU

Hours: 9 am to 5PM ( weekdays only not weekends or public holidays)
Phone: 0141 287 2000
https://www.glasgow.gov.uk/
Glasgow City Council, the local government body of the city of Glasgow, Scotland, became one of the newly created single tier local authorities in 1996, under the Local Government.
<ul> <li>Glasgow City Council are responsible for the following:</li> <li>Council Tax</li> <li>Roads and Parking</li> <li>Bins and Recycling</li> </ul>

Name of organisation	Glasgow City Council: Glasgow Lives
Contact	
Website	https://www.glasgowlive.co.uk
Summary	For news, activities and events around Glasgow city, please go to the above website.

Name of organisation	Glasgow Central Citizens Advice Bureau (C.A.B.)
Contact	
Website	https://www.cas.org.uk/bureaux/glasgow-central-citizens-advice-bureau
Summary	Glasgow Central Citizens Advice Bureau is a local, independent charity
	which provides free, impartial and confidential advice and information to
	give you the tools you need to sort out any issues or problems.
	We're at the heart of the community and offer several services, including:
	Benefits
	Debts and Money
	Work
	Housing
	Law and Courts
	Immigration
	Health
	Consumer

Name of organisation	British Red Cross
Contact	
Website	https://www.redcross.org.uk/get-help
Summary	The British Red Cross helps millions of people in the UK and around the world get the support they need if crisis strikes.

Name of organisation	The New European
Contact	
Website	https://www.theneweuropean.co.uk/home
Summary	The New European is a British pro-EU weekly newspaper owned by Archant that began publication on 8 July 2016

Name of organisation	West of Scotland Regional Equality Council (WSREC)
Contact	
Website	https://www.wsrec.co.uk/about-us/
Summary	West of Scotland Regional Equality Council (WSREC) was set up as Glasgow Community Relations Council in 1971. It is one of the largest and most established equality councils in Scotland. It is a voluntary sector organisation and registered as a charity and a company limited by guarantee. It was set up to eradicate all forms of discrimination under the Race Relations Act 1976. Traditionally WSREC services have focused on casework, advocacy and advice. However, with the demise of the Commission for Racial Equality (CRE) and the advent of the Equality Act 2010 we changed our name and work in all of the protected characteristics (Age, Disability, Gender Reassignment, Marriage & Civil Partnership, Pregnancy & Maternity, Race, Religion or Belief, Sex and Sexual Orientation).

Name of organisation	Scottish Trade Union Congress (STUC)
Contact	
Website	Scottish Trade Union Congress (STUC)
Summary	

STUC's purpose is to co-ordinate, develop and articulate the views and
policies of the trade union movement in Scotland and to promote: trade
unionism; equality and social justice; the creation and maintenance of
high quality jobs; and the public sector delivery of services. They support
our affiliates in recruiting, organising and empowering workers to work
collectively to win better terms and conditions at work.

Name of organisation	Police Scotland
Contact	
Website	https://www.scotland.police.uk/
Summary	Police services across Scotland. There is a link to report hate crimes and
	Police services.



